

Recycling guide

HELSINGBORG



Food and organic waste:

Food waste, both raw and cooked, including meat, fish and bones. Fruit and vegetable peels, cut flowers, kitchen paper, teabags, coffee grounds and filters.

Don't forget to use a paper bag (and holder) suitable for food waste. The following should **not** be sorted together with organic waste – plastic bags, disposable plates, chewing gum, snuff, cigarettes, kitchen cloths, nappies, fabrics or cat litter.



Newspapers

This includes anything you can browse through. Newspapers, advertisements, catalogues, paperbacks and loose sheets of paper.

Remember not to dispose of paper or plastic carrier bags with the newspapers.



Paper packaging: **Empty, clean and folded!**

Boxes, wrapping paper, washing powder cartons, paper mugs and paper bags.

Remember to remove other materials from the packaging if possible, e.g. corks



Plain glass containers: **Empty and clean**

Bottles and jars made of plain glass.

Remember to remove any corks or lids. Only packaging, **not** drinking glasses, light-bulbs, mirrors or window panes.



Coloured glass containers: **Empty and clean**

Bottles and jars made of coloured glass.

Remember to remove any corks or lids. Only packaging, **not** drinking glasses, ceramics, light bulbs or mirrors.



Soft plastic packaging: **Empty and clean**

Plastic bags, plastic cling film, drinking straws, polystyrene and plastic sacks.

Remember to shake out any crumbs etc. A good idea is to place soft plastic in a plastic bag, remove the air and seal.



Hard plastic packaging: **Empty and clean**

Containers, bottles and other packaging made of hard plastic.

Remember, only packaging, **not** other plastic items like washing-up brushes, snow sleds and toothbrushes. Returnable bottles (with a deposit) should be returned to the shop.



Metal packaging: **Empty and clean**

Tin cans, tubes of 'Kalleskaviar' etc., aluminium foil, metal lids, caps, party-light holders.

Remember, only packaging, **not** other metal items like frying-pans or cutlery. Returnable cans (with a deposit) should be returned to the shop.



Electronic equipment

Items having a battery or cord e.g. a fridge, oven, hi-fi equipment, computer, mobile phone and electric toys.

Remember that electronic equipment is collected with the bulky waste. You can also take it to the recycling station yourself.



Other hazardous waste

Biocides, solvents, glue, oil, fluorescent lighting, thermometers, paint. Also batteries and light-bulbs, both the standard and energy-saving types.

Remember that hazardous waste must be taken to the designated drop-offbay at the recycling station or collected during specially organised recycling drives.



Bulky waste

This includes anything that is too large to be placed in the designated containers e.g. furniture, bikes or white goods.

Remember that residual waste is defined as rubbish that cannot be recycled.



Residual waste

This is what is left after you have recycled your rubbish, e.g. envelopes, nappies, porcelain, dishcloths, chewing gum, cigarette ends, snuff, cat litter and vacuum cleaner bags.

Medicines

Unused medicines

This must be returned to a chemist shop for proper disposal.

NSR® AB

Hjortshögsvägen 1, 251 89 Helsingborg
Växel: 042-400 13 40, fax: 042-15 37 73, www.nsr.se



Why recycle our rubbish?

Recycling our waste is important for the environment and coming generations. We not only save on natural resources by recycling but also reduce the amount of dangerous substances released into the environment.

The most important waste.

The most important thing to dispose of properly is hazardous waste! Hazardous waste is that which is harmful to people and the environment, if it is not disposed of in the right way. Examples of this are chemicals, paint, solvents, light bulbs, fluorescent lighting and batteries. Hazardous waste can be disposed of at NSR återvinningscentral Helsingborg (NSR Recycling Facility) or one of the four disposal stations.

Information for those living in a house

You can choose from a variety of refuse collection arrangements. The most popular solution in Helsingborg is that you have two bins with four compartments in each bin. These are intended for food waste, residual waste, newspapers and different kinds of packaging. Batteries can be placed in a closed plastic container that is placed on the lid of the second bin.

The collection of bulky items and electronic equipment is included in this contract. You can dispose of no more than five items at a time. The collection of bulky rubbish must be requested by phone, 042-400 13 40, (NSR).

Information for those living in an apartment

Efficient refuse collection is the responsibility of the property owner. The cost of collection is normally included in the rent, or the monthly service charge if you live in a bostadsrätt (cooperative apartment). There should be a disposal point near your apartment where you can recycle your rubbish.

Containers for food waste and residual waste must be provided at your disposal point. Generally it is up to the property owner how much recycling and service are to be made available to tenants, for example, packaging, newspapers, small electronic equipment and batteries. Whatever possibilities you have of recycling waste where you live, you are obliged to recycle.

The owner must also provide the possibility for tenants to dispose of bulky items and electronic equipment. Most oversized waste can be recycled, e.g. wooden and metal furniture and bicycles. Electronic equipment is collected together with the recyclable waste. Non-recyclable bulky items like mattresses and carpeting should be kept separate from the recyclable rubbish at the disposal point.

Should you wish for more recycling where you live, get in touch with your landlord or bostadsrättsförening (cooperative committee).

Packaging and newspapers.

We think recycling should be easy and that residents in Helsingborg should be able to dispose of their packaging and newspapers close to home. If you are not able to do this you can either take your packaging and newspapers to one of the recycling points available around the town or NSR återvinningscentral Helsingborg (see website below for addresses). At the main recycling facility you can even dispose of bulky rubbish, electronic equipment, garden refuse, hazardous waste matter, metals, wood and a lot more.

Reducing the amount of waste.

The best thing for the environment would be to minimize the amount of rubbish that we dispose of. If you have clothes, kitchen utensils, furniture, bikes and other things that can still be used, there are places in Helsingborg that happily take care of these second hand items.